MV CENTER FOR LIVING

Dementia & Caregiver Support

2026 ANNUAL REPORT









mvcenter4living.org

ABOUT US

Martha's Vineyard Center for Living partners with the six Island towns, the local Councils on Aging & other service organizations to provide a range of programs & support for older adults living with dementia and their caregivers. Our mission is to provide support to the Island's dementia community and their caregivers.

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A MESSAGE FROM THE CHAIR

This year, we fortified the vital wrap around programs that keep families together on Island. Between the Supportive Day Program, Respite Innovations, and Dementia Family Support, we provide the care that families need to stay in their community surrounded by families and friends, aging in place as long as possible. No one needs to go through the dementia journey alone.

We are here for you!

Sandra Joyce, MVCL Board Chair



Board Chair

Board of Directors

Officers

Sandra Joyce – Chair
Martha Solinger – Treasurer
Beverly Wright – Clerk

Appointees

Gail Barmakian
David Fielder
Larry Gomez
Chris Murphy
Barbara Reynolds
Martina Thorton

Ex-Officio

Leslie Clapp

Council on Aging Directors

Catie Blake – Tisbury
Rose Cogliano – Oak Bluffs
Lyndsay Famariss – Edgartown
Bethany Hammond – Up-Island

OUR VISION

Our vision is to provide services & programs that create a dementia friendly environment, promote dignity, reduce stigma, support independence, & foster community engagement.

No one has to do it alone.

OUR MISSION

Martha's Vineyard Center for Living provides support to the Island's dementia community and their caregivers.

01. We support people living with dementia and the people who care for them.

02. We help our neighbors age in place and stay connected to the people they love.

03. We build understanding and reduce stigma through dementia education and community awareness.

A MESSAGE FROM THE EXECUTIVE DIRECTOR



Mary H. Holmes
M.Ed, MSc., CMC
Executive Director

Dear Friends and Neighbors,

As I reflect on this past year at MV Center for Living, one thing stands out: the need for dementia care and caregiver support on Martha's Vineyard continues to grow, and our work has never been more important.

More families are turning to us for guidance as they navigate the challenges of memory loss. They are looking for trusted care for their loved ones, education to better understand dementia, and reassurance that they do not have to face this journey alone.

This year, our focus has been on meeting these needs by strengthening our programs, supporting family caregivers, and investing in the people who make our work possible.

I am especially proud of our staff. Their specialized training, compassion, and creativity make a difference every day. They demonstrate that caring for someone living with dementia is about knowing the person, building trust, sharing laughter, and creating connection.

Looking forward, our priorities remain clear: expanding access to dementia care, strengthening caregiver education, building more community partnerships, investing in staff training and ensuring that older adults and their families have the support they need to remain connected to the Island they call home.

To our staff, Board of Directors, volunteers, community partners, and generous supporters, thank you for making this work possible. Because of the MV Center for Living, more Island families can find the care, understanding, and support they need to face the challenges of dementia with confidence and hope.

Sincerely,

Mary M. Holmes

Executive Director

OUR PROGRAMS

Supportive Day Program

The Supportive Day Program is a daily program for older adults who may experience memory challenges or disability. Enriching activities and a family style lunch create a day of community engagement, purpose and meaning. Equally important is respite provided for caregivers.



Respite Innovations

Respite Innovations is a person-centered program, bringing companionship and engaging activities into the home while the fulltime caregiver takes a much-needed break. This program is another opportunity for older adults and their caregivers to stay connected to the community and age in place.

Dementia Support Services

We provide **Dementia Coaching** and three **Support Groups:**

- Early Memory Loss
- Memory Infusion Support Group
- Caregiver Support Group

We are available for confidential support, counselling, information, and referral. This service is meant to bridge gaps in care and provide Islanders with service options to make aging in place a part of Island life.



MUSIC & MEMORY CAFE



WEEKLY OPEN HOUSE

Come to the Center every Friday, 11am-12pm
to listen to local talent and see what we are all about.
Call 508-939-9440 to let us know you're coming.

OUR TEAM

Our work is carried out by our dedicated staff through person-centered care, expert training, and a whole lot of heart.



Mary M. Holmes
Executive Director



Stacey A. Northrop
Supportive Day Supervisor



Ann Baird
Respite Innovations Supervisor



Rosemarie Roberts
Nutrition Coordinator



Wendy Culbert
Special Assistant



Marnie Gauley
Respite Visitor



Anita Keegan
Special Assistant



Dorian Lopes
Van Driver



Margaret Mirko
Special Assistant



Deidre Moreis
Supportive Day Lead Assistant



Kathy O'Brien
Respite Visitor



Allison Roberts
Social Worker Dementia Coach



Linda Vancour
Special Assistant



Katie Vieira
Executive Assistant

Everyone comes in and we meet them where they are. We are exceptional at looking past disability and making everyone feel welcome.

2025/2026 YEAR IN NUMBERS

- **353** Individuals served
- **175** families supported
- **20,960** Service hours
- **17** Programs and Services
- **20** Volunteers

KEY ACHIEVEMENTS + MILESTONES

Q1

Served over 50 older adults in the Supportive Day Program and 30 families in Respite Home Companion Visits. We served over 175 families through the year. Created a Development Plan and launched a Fundraising Committee.

Q2

Grant Awards: United Way of Cape Cod, MV Community Foundation, Massachusetts Cultural Council, MV Cultural Council, ESSCI Title IIIB, Mass Dot Transportation and Slough Farm Foundation.

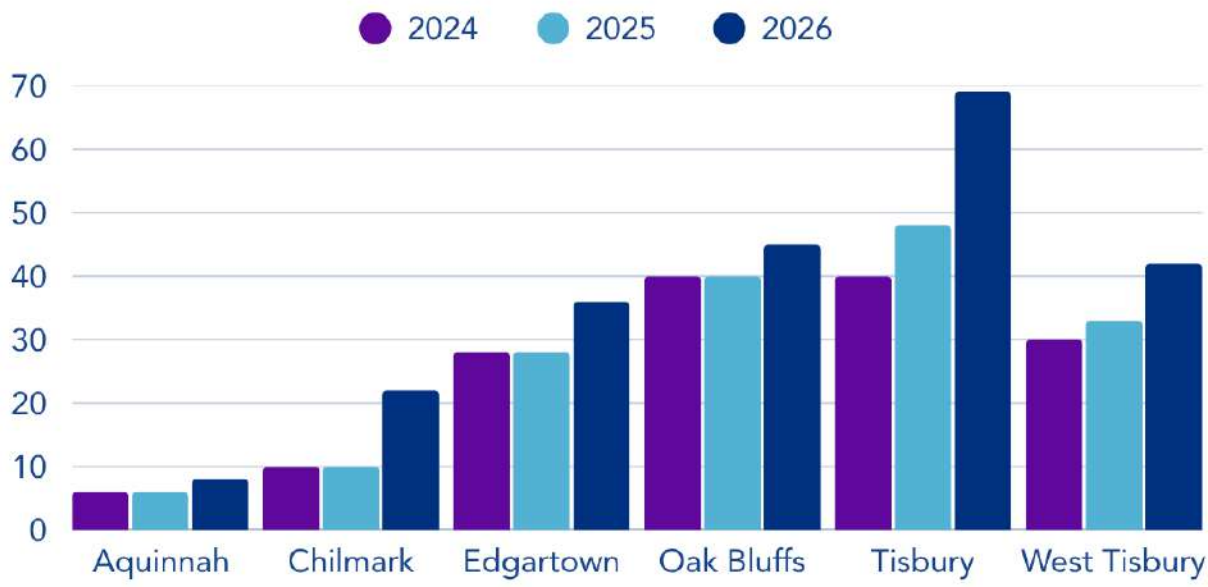
Q3

Community Education Programs: Memory Training Workshop and Dementia Friends sessions. Contracted Social Worker to lead support groups, Dementia Coaching and provide additional support to families. Became a Medicare Guide certified program allowing families to receive additional financial support for the cost of care.

Q4

Began serving Up-Island clients with door to door transportation. By year end, working with VTA provided over 5335 rides to community members. Partnered with MV Hospital to start a Memory Infusion Support Group, providing support to Islanders seeking the latest ALZ treatment.

RISING DEMAND



2024
Island Total
Served
154

2025
Island Total
Served
165

2026
Island Total
Served
222

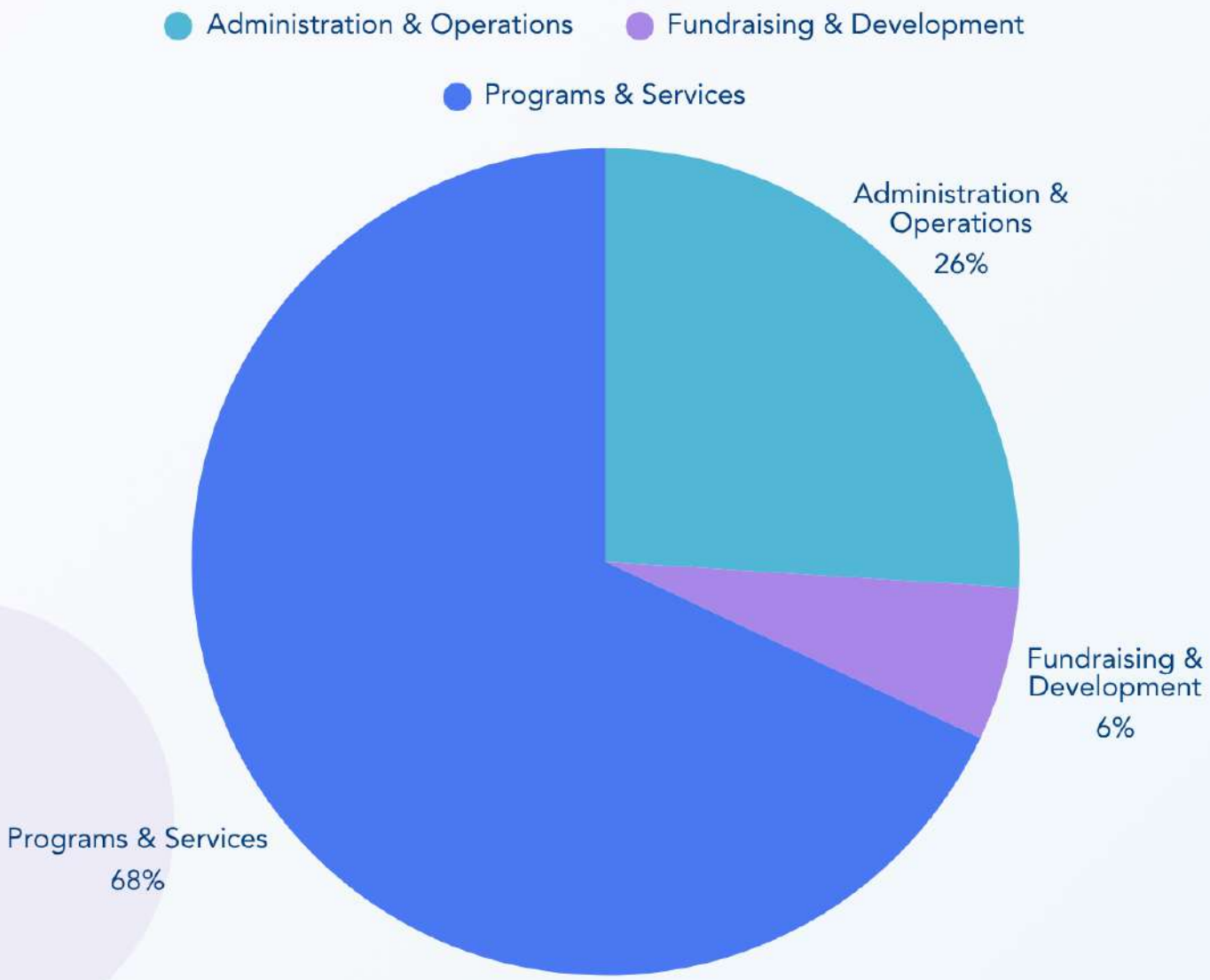
FINANCIAL SUMMARY

Our commitment: Transparency, Commitment, Service

Total Revenue: 989,119.96

Total Expenses: 951,939.50

Total Expenses



OUR VISION FOR THE FUTURE



In the coming year,

- Build Sustainable Impact
- Make Service Island-wide
- Seek Innovative Funding
- Staff Dementia Social Worker



IMPACT STORIES

Using Respite Innovations as a bridge into the Supportive Day Program, a caregiver was able to attend her kids' soccer games.



Full time worker, full time parent, and full time caregiver, with just 24 hours in a day. This is the reality for many Islanders living in the "sandwich generation," caring for their aging parents while raising children. One supermom was trying to do it all.

The Supportive Day Program didn't feel like the right fit at first, but home visits from Respite Innovations made it possible for this caregiver to see her kids' soccer games & school concerts.

As time went on, & needs increased, the familiarity & trust built between the care recipient & Respite Visitors made attending the Supportive Day Program more appealing for everyone.

- **Grandma was busy at Supportive Day.**
- **Mom was able to work full time.**
- **Kids got to have their Mom at their important events.**

It was a triple win!

SHARED JOURNEY



"My wife was a vibrant, wonderful woman who slowly faded away. Most of the time she continued to be a happy, caring person who put everyone ahead of herself.

When she first visited the Center, she was not ready to participate, but once she embraced the Center, it became the focus of her days. Sun, rain and snow – it didn't matter. She was ready to go. If there was a problem, it was the gap between Friday and Monday.

For someone with memory issues those missing days were sad and made Monday difficult to adjust to so this should be a goal for our next steps, creating more care time at the Center, longer days and weekend hours."

-Chris Murphy
Caregiver & Board Member

CHALLENGES AHEAD

We live in a naturally occurring retirement community, and with that comes increased demand for services. MVCL knows that with finite long-term care beds families have few choices- it is either age in place or leave the island. **Our job is to maximize service for families to be successful keeping their loved ones at home.**



Rising Demand

Demand continues to build. We are aware of more dementia diagnosis and seeing more need for families. MVCL provides flexible affordable solutions, and many at no cost, so families can put together solutions to age in place as long as possible.

Shortage of Providers

Economic instability, rising costs of living, and unpredictable funding environments has seen a drop of in-home care availability like home health aides and homemakers. MVCL can be part of a care solution with our day program, home companion visits, dementia coaching and support.

JOIN US



Martha's Vineyard is a Dementia Friendly Island. Working together we can create a community that accepts dementia as part of our daily rhythm. Thank you for believing in and supporting our mission.

We are here because of you!

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Dementia & Caregiver Support

CONTACT US

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mvcenter4living.org

PHONE
+ 508-939-9440



MV CENTER FOR LIVING

Dementia & Caregiver Support

Everyone is Welcome Here!



mvcenter4living.org